

4th August 2010

82 Miles Without Sleep for Deaf Charity

Running a standard 26 mile marathon might sound like a daunting task for some people, but would you attempt an 82 mile ultra marathon without stopping for sleep? Robin Shill and Jabu Mhlanga, both 23 from Leicester, are attempting to do just that – without ever having taken part in any sort of organised running event prior to it.

It's called the 3 City Challenge, an event with a route they put together themselves so there'll be no organised help on hand. The starting point is the Clock Tower in Leicester City Centre, they will run to the Bullring in Birmingham, the Millennium Square in Coventry and finish back in Leicester at the Walkers Stadium. The total distance is a whopping 82 miles with an estimated completion time of 24 hours.

On top of that, Robin hopes to complete 82 mini-challenges on route, including posting Twitter updates throughout and eating a bowl of muesli whilst running!

They are taking part to raise money for the British Deaf Association as they both have strong connections to the disability. Robin believes the BDA makes a huge difference: "My mum is deaf and Jabu has a deaf cousin, as well as us both having many deaf friends. We see the difference organisations like the BDA make to these peoples' lives on a daily basis by enabling them to feel more confident about who they are".

The challenge starts at 5pm on Saturday 28th August at the Clock Tower, Leicester.

For more information, or to sponsor Robin and Jabu, go to www.justgiving.com/3citychallenge.